

Rules of climbing-gym Bensheim „HIGH-MOVES GmbH“



A warm welcome in the climbing-gym Bensheim "HIGH-MOVES GmbH".

Climbing requires a high degree of prudence, safety and personal responsibility.

The rules of the climbing-gym should help to avoid danger and accidents basically. The following binding rules have to be read and signed by each person before using the climbing-gym Bensheim.

Climbing rules:

- For climbing it is only allowed to use material (ropes, harnesses, carabiners, etc.) which corresponds to the actual CE norm and which is undamaged.
- For *lead climbing* it is only allowed to take ropes with a length of at least 40 metres.
- For lead climbing all quickdraws between have to be clipped.
- The "toperope" ropes are not allowed to be put away.
- The climber belays himself with a figure-eight-knot which is integrated in his climbing belt.
- The belayer has to stand close to the wall and has to belay with current protection as figure 8, ATC, munter hitch, Gri-Gri, Eddy, Smart, etc.
- In one part of the wall only one person is allowed to climb, t.m. it is not allowed to climb one on top of the other.
- **The user confirms with his/her signature that he/she has enough climbing knowledge and fundamental knowledge of belaying techniques.**
- Climbing without rope is in principle only allowed in the bouldering room.
- Barefooted climbing is prohibited in the complete climbing-gym.
- The climbing walls are only allowed to be used with climbing shoes or clean trainer.
- Holds, steps and protection points are not allowed to be turned or moved.
- For the second climb, there must be clipped minimum two quickdraws or two end-biners, because of redundancy.
- Each user has to show best consideration to other users and to avoid everything which could endanger others. Especially playing and laying bags, backpacks and other objects in bouldering areas is prohibited.

Universal regulations:

- Each visitor who is entering the property of the climbing-gym, obligates himself and persons being responsible to, to observe the actual rules of the climbing-gym.
- Each visitor of the climbing-gym has to register himself/herself when coming in at the staff on duty.
- The instructions of the staff have to be followed unconditionally.
- The rules of the climbing-gym prior are for the safety of the visitor.
- The facilities of the climbing-gym are only allowed to be used by persons with valid entrance card.
- The facilities are only allowed to be used during the specified opening hours.

Outdoor area:

- The use of the outside climbingwall, the bouldering block, the "lowropegarden" and the slackline happens on your own authority.
- The leaders' routes of the outside climbing wall are only allowed to be climbed with own or borrowed quickdraws. Lend-quickdraws are available at the counter.
- Bouldering without crashpad is not permitted. Lend-crashpads are available at the counter.
- Children below 12 are not allowed to use the outside area without supervision of parent or guardian.

Children:

- Children and teenagers below 18 years have to bring a letter of agreement of the parents/parents of guardians before using the facilities the first time.
- Children below 12 years are only allowed to use the climbing-gym with a parent of guardians or with an authorized adult (with written agreement of parents or parents of guardians).
- Teenagers older than 13 years are allowed to use the climbing-gym without parents/parents of guardians or authorized adult after bringing a written agreement of parents.
- Parents/parents of guardians or authorized adults are liable for their children respectively for persons who are recommended to them.
- It's not allowed to play with toys on the floor of the climbing-gym.

Arrangement and tidiness:

- The climbing-gym, toilets, showers, changing rooms, sauna and the external plant have to be kept clean.
- Persons causing damage on persons or properties have to take over the responsibility for it.
- Thievery will be reported to the police immediately.
- Smoking is prohibited inside the climbing-gym. Smoking outside of the climbing-gym is only allowed in the indicated areas.
- Information signs and warning signs have to be regarded and followed.
- Unauthorized changes or other manipulations of every description on facilities of the climbing-gym are prohibited.
- After consuming alcohol, anesthetics, drugs or the like, climbing in or outside the climbing-gym is strictly prohibited.

Liability:

- Entering the area of the climbing-gym respectively using the facilities of the climbing-gym is always on own risk and with own responsibility.
- In the case of breach of the rules the operator respectively the staff on duty takes no liability.
- For changing room and lock boxes as well as personal property of the visitors no liability is taken.
- Except for the accountability of law, trains the user of the climbing wall on own risk and liability. This considers especially for special damage due to breaching the legal duty to maintain safety.

Domestic authority:

- Breaching the rules of the climbing-gym can result an order to stay away from the house for a defined time or in the long run.